## Bear Essentials

Fabric Collection by P&B Textiles



# Woven Essentials

## Vardage & Cutting

	Cool/Dark Quilt	Warm/Dark Quilt	Yardage	Cutting Cut all strips across the width of fabric (wof). Fat $^{1}$ /4 measures 18" x 21"; fat $^{1}$ /8 measures 9" x 21".	
Fabric A*	ESSE 466 K	ESSE 466 K	2 yards	(5) 4½" x wof strips; crosscut into (36) 4½" squares (5) 3" x wof inner -border strips (6) 2½" x wof outer-border strips (6) 2½" x wof binding strips	
Fabric B	ESSE 464 LB	ESSE 467 J	1 fat <sup>1</sup> /4	(3) 1½" x 21" strips; (9) 2½" x 4½" rectangles; and (2) 1½" squares	
Fabric C	ESSE 469 LB	ESSE 463 J	1 fat <sup>1</sup> /4	(8) 1½" x 21" strips	
Fabric D	ESSE 466 B	ESSE 466 RO	1 fat <sup>1</sup> /4	(8) 1½" x 21" strips	
Fabric E	ESSE 465 B	ESSE 465 R	1 fat <sup>1</sup> /4	(8) 1½" x 21" strips	
Fabric F	ESSE 464 B	ESSE 464 R	1 fat <sup>1</sup> /4	(8) 1½" x 21" strips	
Fabric G	ESSE 463 T	ESSE 467 F	1 fat <sup>1</sup> /4	(10) 1½" x 21" strips	
Fabric H	ESSE 467 T	ESSE 462 F	1 fat <sup>1</sup> / <sub>8</sub>	(5) 1½" x 21" strips	
Fabric I	ESSE 464 T	ESSE 469 P	1 fat <sup>1</sup> / <sub>8</sub>	(5) 1½" x 21" strips	
Fabric J	ESSE 463 LT	ESSE 469 RV	1 fat <sup>1</sup> / <sub>8</sub>	(5) 1½" x 21" strips	
Fabric K	ESSE 466 HG	ESSE 462 A	1 fat <sup>1</sup> /4	(7) 1½" x 21" strips	
Fabric L	ESSE 469 G	ESSE 463 A	1 fat <sup>1</sup> / <sub>8</sub>	(3) 1½" x 21" strips	
Fabric M	ESSE 463 G	ESSE 464 YG	1 fat <sup>1</sup> / <sub>8</sub>	(3) 1½" x 21" strips	
Fabric N	ESSE 466 LG	ESSE 467 LG	1 fat <sup>1</sup> / <sub>8</sub>	(3) 1½" x 21" strips and (8) 2½" x 4½" rectangles	
Fabric O	ESSE 462 LT	ESSE 464 P	1 fat <sup>1</sup> / <sub>8</sub>	(2) 2½" x 21" strips	
Fabric P	ESSE 462 L	ESSE 466 LY	1 fat <sup>1</sup> /4	(8) 1½" x 21" strips	
Fabric Q	ESSE 465 RV	ESSE 465 Y	1 fat <sup>1</sup> / <sub>8</sub>	(2) 1½" x 21" strips	
Fabric R	ESSE 464 RV	ESSE 463 NE	1 fat <sup>1</sup> / <sub>8</sub>	(2) 1½" x 21" strips	
Fabric S	ESSE 462 C	ESSE 466 Z	1 fat <sup>1</sup> / <sub>8</sub>	(2) 1½" x 21" strips and (2) 2½" x 4½" rectangles	
Fabric T	ESSE 467 RV	ESSE 469 NE	1 fat <sup>1</sup> / <sub>8</sub>	(2) 1½" x 21" strips	
Fabric U	ESSE 466 C	ESSE 463 Z	1 fat <sup>1</sup> / <sub>8</sub>	(2) 1½" x 21" strips	
Fabric V	ESSE 464 C	ESSE 462 I	1 fat <sup>1</sup> / <sub>8</sub>	(2) 1½" x 21" strips and (2) 2½" x 4½" rectangles	
Fabric W	ESSE 467 N	ESSE 469 D	1 fat <sup>1</sup> / <sub>8</sub>	(2) 2½" x 21" strips	
Backing: 32	Backing: 3½ yards of any Bear Essentials fabric				

\*In the Cool/Light version, use ESSE 465 S for fabric A
\*In the Warm/Light version, use ESSE 464 E for fabric A

Size: 55 1/2" square

#### Quilt Construction

## Making the Blocks

- 1. Sew together one strip each of fabrics C, D, E, and F in alphabetical order; then join a fabric G strip to the fabric C strip to make strip set A. Make five strip sets. Crosscut the strip sets into  $(20) \, 4^{1}/_{2}$ "-wide segments. (On two segments, remove the fabric G strip and set the two segments aside for the pieced border.)
- 2. Sew together one strip each of fabrics G, H, I, and J in alphabetical order to make strip set B. Make five and crosscut the strip sets into (18)  $4\frac{1}{2}$ "-wide segments.
- 3. Using two A segments, join the fabric G strip to opposite sides of a fabric B rectangle. Make (9) of these units.
- **4.** Sew a fabric A square to opposite sides of a B segment. Make (18) of these units.
- 5. Lay out two units from step 4 and one unit from step 3, making sure the fabric *G* strips are placed in the center. Join the units to complete the block. Make (9) blocks.

## Making Sashing Units

- **6.** Sew together one strip each of fabrics K, L, M, and N in alphabetical order to make strip set C. Make three and crosscut them into (12)  $4 \frac{1}{2}$ "-wide segments.
- 7. Join fabric K strips to both long edges of a fabric O strip to make strip set D. Make two strip sets and crosscut the strip sets into (6)  $4\frac{1}{2}$ "-wide segments.
- **8.** Lay out two *C* segments from step 6 and one D segment from step 7, making sure the fabric K strips are placed in the center. Join the units to complete a vertical sashing unit. Make (6) vertical sashing units.
- 9. Sew together one strip each of fabrics P, Q, R, and S in alphabetical order to make strip set E. Make two and crosscut the strip sets into  $(6) 4\frac{1}{2}$ "-wide segments.
- 10. Sew together one strip each of fabrics P, T, U, and V in alphabetical order to make strip set F. Make two and crosscut the strip sets into (6) 4½"-wide segments.
- 11. Join fabric P strips to both long edges of a fabric W strip to make strip set G. Make two strip sets and crosscut them into (6)  $4\frac{1}{2}$ "-wide segments.
- 12. Lay out one E segment from step 9, one F segment from step 10, and one G segment from step 11, making sure the fabric P strips are placed in the center. Join the units to complete a horizontal sashing unit. Make (6) horizontal sashing units.

13. Join fabric N rectangles to opposite sides of a fabric S rectangle to make a sashing corner. Make two. Join fabric N rectangles to opposite sides of a fabric V rectangle to make a sashing corner. Make two.

## Assembling the Quilt

- 14. Join three blocks and two vertical sashing units, making sure to orient the blocks so that the fabric F strips are at the top and bottom of the block. Make three block rows.
- 15. Lay out three horizontal sashing units, one fabric S sashing corner, and one fabric V sashing corner. Rotate the center sashing unit and position the sashing corners so that the S fabrics are together and the V fabrics are together. Join the units. Make two sashing rows.
- 16. Referring to the photo, join the block rows and sashing rows to complete the quilt center. The quilt center should measure 44½" square.
- 17. Join the 3"-wide fabric A strips end to end. From the long strip, cut two  $44 \frac{1}{2}$ "-long strips and sew them to the sides of the quilt top. Then cut two  $49 \frac{1}{2}$ "-long strips and sew them to the top and bottom of the quilt top.
- 18. Sew together one strip each of fabrics B, C, D, E, and F in alphabetical order to make strip set H. Make three and crosscut the strip sets into (38)  $1 \frac{1}{2}$ "-wide segments.
- 19. For the side borders, join nine H segments and one leftover A segment end to end, sewing the lightest fabric to the darkest fabric to make a border strip. Make two border strips and sew them to the sides of the quilt top as shown in the photo.
- 20. For the top and bottom borders, join ten H segments end to end, sewing the lightest fabric to the darkest fabric to make a border strip. Then sew a fabric B square to the dark end of the strip. Make two border strips and sew them to the quilt top, making sure to position the strips so that the color gradation continues around the quilt top as shown in the photo.
- 21. Join the  $2\frac{1}{2}$ "-wide fabric A strips end to end. From the long strip, cut two  $51\frac{1}{2}$ "-long strips and sew them to the sides of the quilt top. Then cut two  $55\frac{1}{2}$ "-long strips and sew them to the top and bottom of the quilt top.
- 22. Layer the quilt top with batting and backing; baste. Quilt as desired and bind the edges to finish.