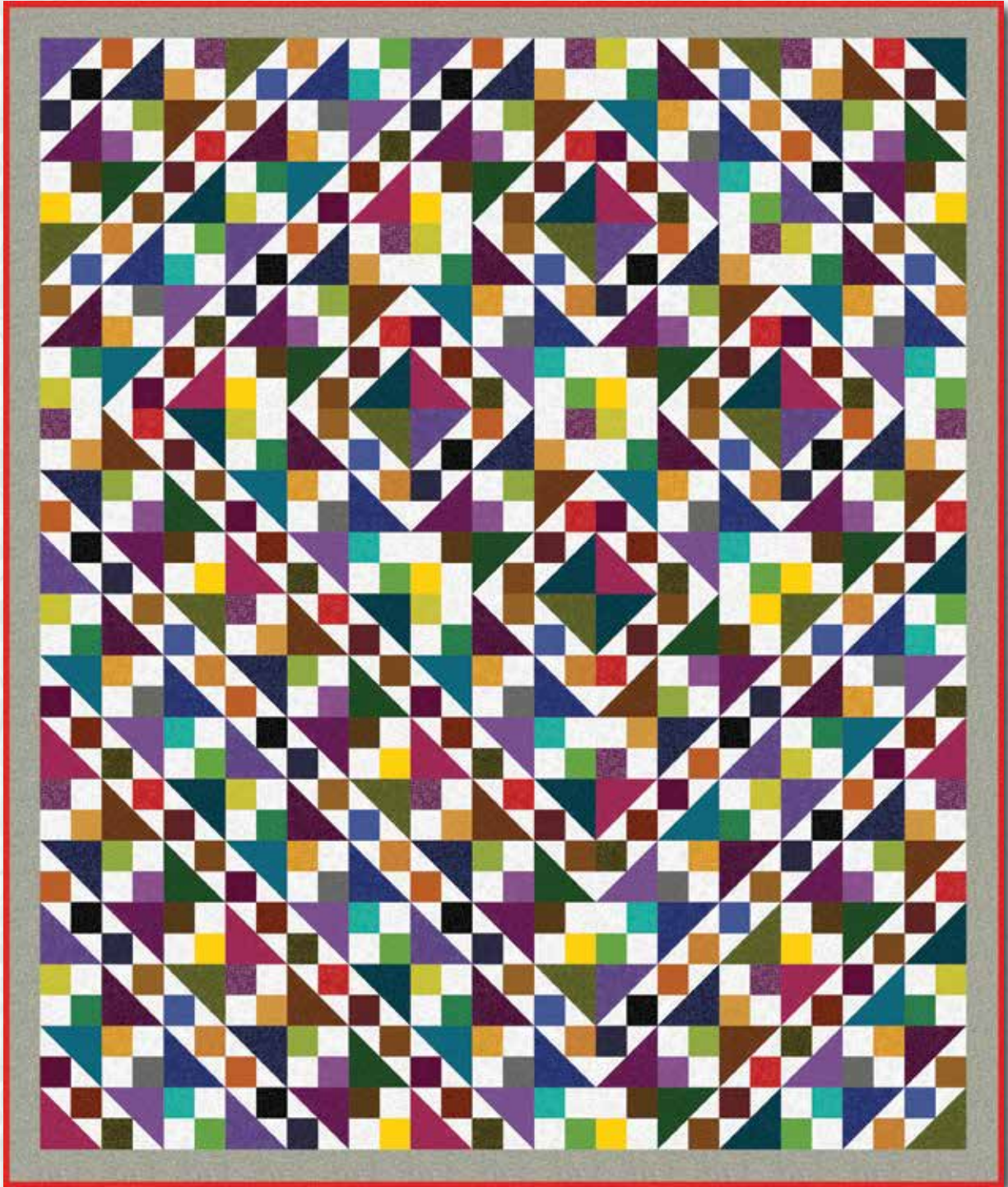


Bear Essentials



Bear Essentials

Twirly Swirly by Nancy Mahoney

featuring the *Bear Essentials* collection by P&B Textiles

Quilt Size: 64" x 76"

YARDAGE

Fabric A	ESSE 462 A	1/4 yard
Fabric B	ESSE 462 C	1/4 yard
Fabric C	ESSE 462 F	1/4 yard
Fabric D	ESSE 462 I	1/4 yard
Fabric E	ESSE 462 T	1/4 yard
Fabric F	ESSE 462 YG	1/8 yard
Fabric G	ESSE 463 A	1/8 yard
Fabric H	ESSE 463 G	1/8 yard
Fabric I	ESSE 463 NE	1/8 yard
Fabric J	ESSE 463 O	1/8 yard
Fabric K	ESSE 463 T	1/4 yard
Fabric L	ESSE 463 Y	1/8 yard
Fabric M	ESSE 463 Z	1/8 yard
Fabric N	ESSE 464 B	1/4 yard
Fabric O	ESSE 464 C	1/4 yard
Fabric P	ESSE 464 R	1/8 yard
Fabric Q	ESSE 464 RV	1/4 yard
Fabric R	ESSE 464 S	5/8 yard
Fabric S	ESSE 465 A	1/8 yard
Fabric T	ESSE 465 B	1/4 yard
Fabric U	ESSE 465 R	1/8 yard
Fabric V	ESSE 465 RV	1/8 yard
Fabric W	ESSE 465 S	2 1/4 yards
Fabric X	ESSE 465 Y	1/8 yard
Fabric Y	ESSE 466 B	1/8 yard
Fabric Z	ESSE 466 C	1/4 yard
Fabric AA	ESSE 466 HG	1/4 yard
Fabric BB	ESSE 466 K	1/8 yard
Fabric CC	ESSE 466 RO	5/8 yard
Fabric DD	ESSE 466 Z	1/8 yard
Fabric EE	ESSE 467 F	1/8 yard
Fabric FF	ESSE 467 N	1/8 yard
Fabric GG	ESSE 467 RV	1/8 yard
Fabric HH	ESSE 467 T	1/8 yard
Fabric II	ESSE 467 X	1/8 yard
Fabric JJ	ESSE 469 D	1/8 yard
Fabric KK	ESSE 469 G	1/8 yard
Fabric LL	ESSE 469 NE	1/8 yard
Fabric MM	ESSE 469 S	1/8 yard

CUTTING

All strips are cut across the width of fabric.

From *each* of fabrics A, B, C, D, E, K, N, O, Q, T, Z, and AA; cut:

- (1) 4 7/8" x 42" strip; crosscut into (8) 4 7/8" squares.
Cut the squares in half diagonally to yield 16 triangles
(1 will be extra).

From *each* of fabrics I, J, M, P, S, U, Y, BB, EE, FF, II, and JJ; cut:

- (1) 2 1/2" x 42" strip; crosscut into (15) 2 1/2" squares

From *each* of fabrics F, G, H, L, V, X, DD, GG, HH, KK, LL, and MM; cut:

- (1) 2 1/2" x 42" strip

From fabric W, cut:

- (12) 2 1/2" x 42" strips
- (14) 2 7/8" x 42" strips; crosscut into (180) 2 7/8" squares. Cut the squares in half diagonally to yield 360 triangles.

From fabric R, cut:

- (7) 2 1/2" x 42" border strips. Piece the strips and cut
(2) 2 1/2" x 72 1/2" strips and (2) 2 1/2" x 64 1/2" strips.

From fabric CC, cut:

- (8) 2 1/4" x 42" binding strips

QUILT CONSTRUCTION

BLOCK ASSEMBLY

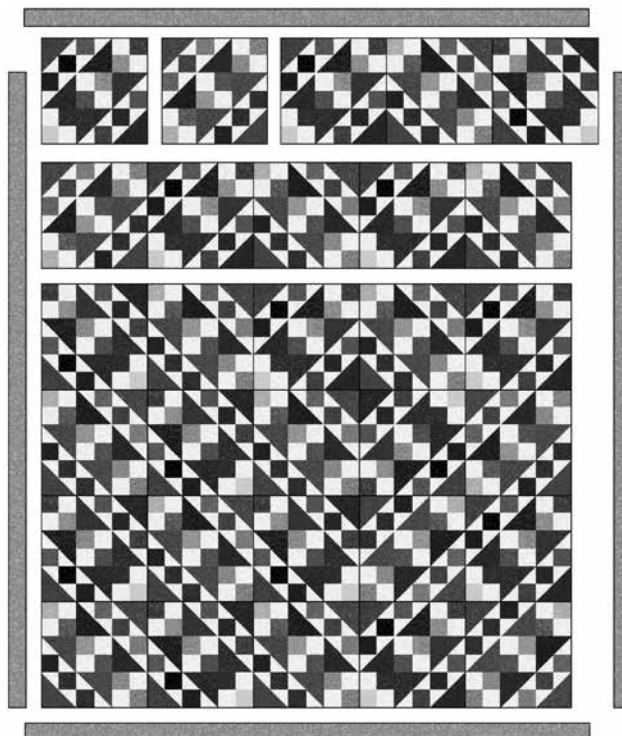
See color diagrams on the back page for reference.

1. Sew a fabric F strip to the long edge of a fabric W strip to make a strip set. Crosscut the strip set into 15 segments, 2 1/2" wide. (Fig. 1)
2. Repeat step 1, sewing *each* of the following strips to a fabric W strip to make one strip set: G, H, L, V, X, DD, GG, HH, KK, LL, and MM. Crosscut *each* strip set into 15 segments, 2 1/2" wide.
3. Sew a fabric F segment to a fabric KK segment to make a four-patch unit as shown. Make a total of 15 units. (Fig. 2)
4. Repeat step 3, to make 15 four-patch units of *each* fabric combination as shown. (Fig. 3)
5. Sew fabric W triangles to adjacent sides of a fabric Y square to make a triangular unit. Then sew a fabric A triangle to the long side of the unit to make a square unit. The unit should measure 4 1/2" x 4 1/2". Make a total of 15 units. (Fig. 4)
6. Repeat step 5, to make 15 units of *each* fabric combination as shown in the block diagrams.
7. Lay out three four-patch units and six units from steps 5 and 6 in three rows as shown in the block diagrams. Join the units into rows and then join the rows. Make 15 blocks *each* of Block One and Block Two. (Fig. 5)

QUILT ASSEMBLY

Refer to the quilt image for color placement guidance as needed.

8. Lay out the blocks in six rows of five blocks each, alternating and rotating the blocks in each row and from row to row as shown in the quilt layout diagram. (*Note that rows 1, 3, and 5 start with Block Two. Rows 2, 4, and 6 start with Block One.*)
9. Join the blocks into rows and then join the rows to complete the quilt-top center.
10. Sew the fabric R 72 1/2"-long strips to opposite sides of the quilt-top center. Then sew the fabric R 64 1/2"-long strips to the top and bottom of the quilt top.
11. Layer the quilt top with batting and backing; baste. Quilt as desired. Using the fabric CC 2 1/4"-wide binding strips, bind the edges to finish.



QUILT LAYOUT DIAGRAM



Fig. 1

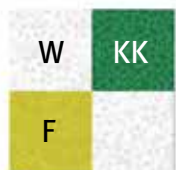


Fig. 2

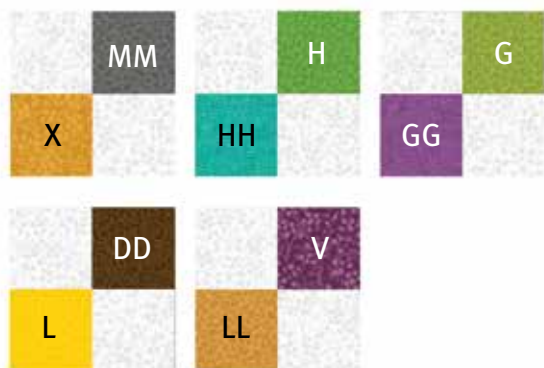
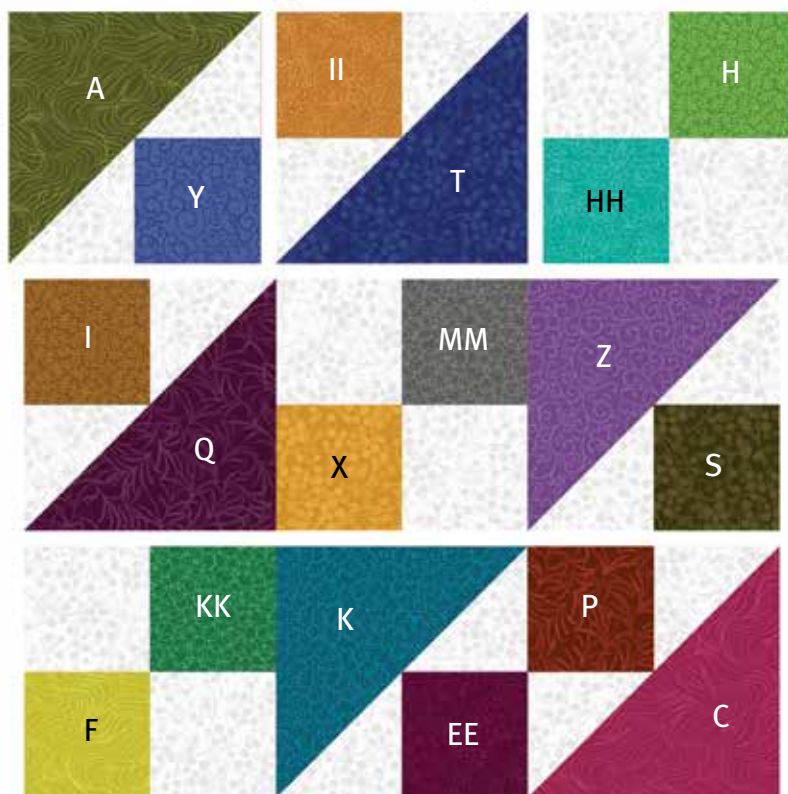


Fig. 3

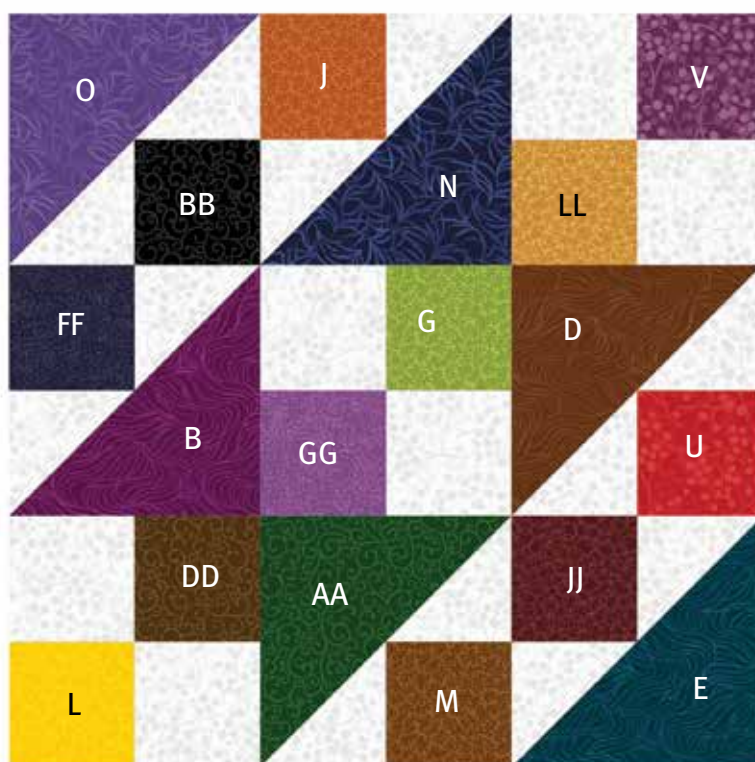


Fig. 4

Fig. 5 Block Diagrams



Block One



Block Two



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100% cotton ♦ Cold wash & dry ♦ 43" / 44" ♦ Colors may vary due to printing process 5/14